

Raven's Way Levels of Care / Phases Overview

	3.5 Clinically Managed Medium Intensity Residential Services		3.1 Clinically Managed Low Intensity Residential Services		Intensive Case Management
Phase Name	SALMON	BEAR	EAGLE	RAVEN	STEP INTO THE LIGHT
Location	Biorka Island	Wilderness EXPO	Residence	Residence	Residence / Community
Minimum Number of Days	8-days	21-days (+)	15-days (+)	15-days (+)	14-days (+)
Theme / Behavioral Expectations	Safety Participation	Accountability Adaptability Perseverance Respect	Trustworthiness Integrity Consistency	Responsibility Transitioning	Independence Prepared
Therapy	Individual therapy Assessment Initial Treatment Plan	Individual & group therapy (weekly) Family therapy (w/out client - weekly)	Individual &/or family therapy (weekly) Group therapy (5Xwk) Treatment Plan Review	Individual &/or family therapy (weekly) Group therapy (5Xwk)	Individual &/or family therapy (weekly) Group therapy (5Xwk) Treatment Plan final
Classes & Academics	Early Recovery / Relapse Prevention Touching Spirit Bear Book	Early Recovery Skills NA Journal	Relapse Prevention Drug Education Canoe Journey & Art AK Studies NA & AA TWEAK Book	Relapse Prevention Drug Education Canoe Journey & Art AK Studies NA & AA Book of your choice	Relapse Prevention Drug Education Canoe Journey & Art AK Studies NA & AA
Treatment Work	Getting to Know You Learning and Practicing different Coping Skills Feelings Vocabulary You're Here Because Why? Effective Communication	Difficult Emotions, Recognizing Stress, Healthy vs. Unhealthy Coping Strategies, Anger, The Crisis Cycle, Identifying Thinking errors	Self-Care, Protective Factors, Healthy Boundaries, Relapse Prevention Plan	Strengths Exploration, Best Possible Self, Futures Planning	Culmination Project Recovery Maintenance
Privileges	Fire, hiking, s'mores, movies	Games, free time, fires, tools, art supplies, crazy creek, hot chocolate or treat, allowance	Wii, iPod, Biorka store, pool, Library, Fitness Center	Community activities with staff support, time upstairs in room	Community sign outs